













































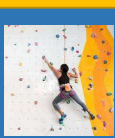











# Navy Adaptive Sports Calendar

## August 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<p><b>1</b></p>  TENNIS 1000-1200 Darnestown, MD  ROWFIT 1300-1400 Fort Belvoir  CORNHOLE 1400-1500 Fort Belvoir	<p><b>2</b></p>  AIR RIFLE 0900-1030 Centerville, VA  ROWING ON THE WATER 1000-1200 Washington DC	<p><b>3</b></p>  CYCLING 1000-1200 Walter Reed  YOGA 1100-400 Walter Reed  ARCHERY 1300-1500 Fort Belvoir, VA  ROWFIT 1400-1500 Walter Reed	<p><b>4</b></p>  ROWING ON THE WATER 1000-1200 Washington DC  NATURE WALK 1030-1130 Washington DC	<p><b>5</b></p>  KAYAKING/ PADDLEBOARDING 1000-1200 Rileys Lock, MD  CYCLING 1300-1400 Walter Reed	<p><b>6/7</b></p>
<p><b>8</b></p>  TENNIS 1000-1200 Darnestown, MD  ROWFIT 1300-1400 Fort Belvoir  CORNHOLE 1400-1500 Fort Belvoir	<p><b>9</b></p>  AIR RIFLE 0900-1030 Centerville, VA  ROWING ON THE WATER 1000-1200 Washington DC	<p><b>10</b></p>  CYCLING 1000-1200 Walter Reed  YOGA 1100-400 Walter Reed  ARCHERY 1300-1500 Fort Belvoir, VA  ROWFIT 1400-1500 Walter Reed	<p><b>11</b></p>  NATURE WALK 1030-1130 Washington DC	<p><b>12</b></p>  WHITE WATER RAFTING Harper Ferry, WV 1000-1200  CYCLING 1300-1400 Walter Reed	<p><b>13/14</b></p>
<p><b>15</b></p>  TENNIS 1000-1200 Darnestown, MD  ROWFIT 1300-1400 Fort Belvoir  CORNHOLE 1400-1500 Fort Belvoir	<p><b>16</b></p>  AIR RIFLE 0900-1030 Centerville, VA	<p><b>17</b></p>  CYCLING 1000-1200 Walter Reed  YOGA 1100-400 Walter Reed  ARCHERY 1300-1500 Fort Belvoir, VA	<p><b>18</b></p>  NATURE WALK 1030-1130 Washington DC	<p><b>19</b></p>  KAYAKING/ PADDLEBOARDING 1000-1200 Rileys Lock, MD  CYCLING 1300-1400 ET Walter Reed	<p><b>20/21</b></p>
<p><b>22</b></p>	<p><b>23</b></p>	<p><b>24</b></p>	<p><b>25</b></p>	<p><b>26</b></p>	<p><b>27/28</b></p>
<b>Warrior Games 2022, August 19-28, Orlando FL.</b>					
<p><b>29</b></p>  TENNIS 1000-1200 Darnestown, MD  ROWFIT 1300-1400 Fort Belvoir  CORNHOLE 1400-1500 Fort Belvoir	<p><b>30</b></p>  AIR RIFLE 0900-1030 Centerville, VA	<p><b>31</b></p>  CYCLING 1000-1200 Walter Reed  YOGA 1100-1400 Walter Reed  ARCHERY 1300-1500 Fort Belvoir, VA	 NATURE WALK 1030-1130 Washington DC  SAILING 1000-1200 Annapolis, MD	 KAYAKING/ PADDLEBOARDING 1000-1200 Rileys Lock, MD  CYCLING 1300-1400 Walter Reed	 ROCK CLIMBING Sunday, 1630-1830 Sport Rock of Alexandria VA
<p><b>29</b></p>  TENNIS 1000-1200 Darnestown, MD  ROWFIT 1300-1400 Fort Belvoir  CORNHOLE 1400-1500 Fort Belvoir	<p><b>30</b></p>  AIR RIFLE 0900-1030 Centerville, VA	<p><b>31</b></p>  CYCLING 1000-1200 Walter Reed  YOGA 1100-1400 Walter Reed  ARCHERY 1300-1500 Fort Belvoir, VA	<p style="text-align: center;"><b>For sign ups, locations, questions or concerns please contact: Philip Rackham – Navy Adaptive Reconditioning and Sports Coordinator</b></p> <p style="text-align: center;"><b>rackhamp@MagellanFederal.com</b> <b>910-587-0224</b></p>		